

# 長島中華協會

Chinese Center On Long Island, Inc.

395 HEMPSTEAD TURNPIKE

WEST HEMPSTEAD, NEW YORK 11552

www.chinesecenter.org

516-483-7770

## PRESIDENTS' MESSAGE

AUGUST 2013

This past month just flew by in a flurry of summer trips, barbeques and beach outings. The summer is in full swing and the heat may be unbearable at times but our Center is still humming with activities. Our Senior group is continuing their activities on Wednesday mornings and our Thursday night Mahjong and Ping Pong members continue with their games throughout the summer. Our dedicated Toastmaster club members meet for their Saturday morning speeches and our members of the CCLI Dance and Lion Troupe members are busy preparing for their Chinese American Night performances at Eisenhower Park on Sunday, August 4th.

The Center has come a long way. I still remember the Center being closed during the Summer months a number of years ago. When members asked why we didn't continue our activities during the summer, we responded by opening it for certain activities. Now the Center is busy all four seasons of the year. It is gratifying to see how our Center has grown in meeting the needs of our Community.

Congratulations to all our scholarship winners. We wish all our graduating Seniors the best of luck during your college years.

Jim Vogel and Mona Ng  
Co-Presidents

## SAVE THE DATE

**September 20, 2013**

**September Meeting / Protect Yourself and  
You're Loved Ones from Elder Financial  
Abuse**

**September 21, 2013**

**Tag Sale CCLI \_ 9 - 4pm**

**September 29, 2013**

**CCLI Open House**

**October 18, 2013**

**October Meeting / Nancy James  
Photographic Journey to Nepal, Tibet,  
China and Inner Mongolia**

**ATTEND OUR SEPTEMBER MEETING, FRIDAY, SEPTEMBER 20, 2013 7:30 PM**

**PROTECT YOURSELF AND YOUR LOVED ONES**

**FROM ELDER FINANCIAL ABUSE!**

How many of us have heard horrific, true stories about the scams and schemes of those who prey upon us and our loved ones to defraud us of our hard earned lifesavings?

How can this be prevented from happening? There are too many true instances where people have been defrauded of huge amounts of money through unscrupulous people. Those victims are often too embarrassed to admit it. So we never hear of it and do not have the knowledge to arm ourselves properly.

Please do not miss September's monthly meeting to learn how to avoid becoming victims and to prevent your loved ones in particular, the elderly, from being victimized as well.



You will discover that our speaker, John Rotondi, is extremely interesting and knowledgeable. He will give us the insight and knowledge he has acquired

through his work in this extraordinary field of discovering financial fraud. It is through his work that he has gained this unique knowledge which he will share with us at our

September monthly meeting. John Rotondi has worked in the financial services industry for over 18 years, as both a regulator and

compliance officer. John Rotondi is a Certified Public Accountant, Certified Fraud Examiner and Certified Anti-Money Laundering Specialist who earned a BS in Finance and an MBA from St. John's University.



**DO NOT MISS THIS VERY IMPORTANT MEETING WHICH WILL SAVE YOU AND YOUR LOVED ONES FROM BEING VICTIMS OF FINANCIAL FRAUD!**

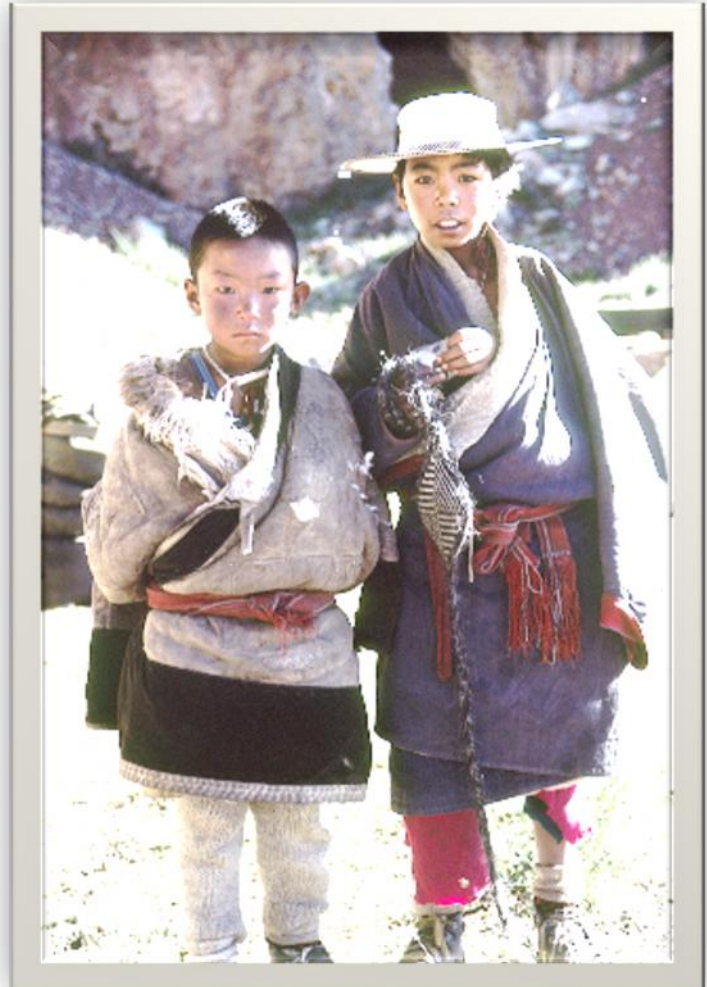
**We look forward to seeing you all at this month's riveting program on Friday, September 20, 2013 at 7:30 PM!**

**REFRESHMENTS WILL BE SERVED! CHILDREN WELCOME!**

**ATTEND OUR OCTOBER MEETING, FRIDAY, OCTOBER 18!**

**ENJOY AN ARMCHAIR VISIT TO NEPAL, TIBET, CHINA AND INNER MONGOLIA WITH NANCY JAMES!**

Please join us at our monthly meeting on Friday, October 18, as we visit Nepal, Tibet, China and Inner Mongolia through the stunning, unbelievable and exquisite photography of Nancy James, our prize winning, internationally known, resident professional photographer and videographer. Nancy James has a burning passion for International Studies which has led her to travel extensively throughout the world, taking photographs which bring alive the lives of citizens of remote areas who are not impacted as yet by the 20<sup>th</sup> century. Nancy's travels with research teams to remote areas of the world has given her the opportunity to photograph fascinating ancient cultures which are still around but not really a part of our world. Nancy's stunning photographs of the inhabitants, their families and their culture will bring new meaning to the word "awesome". Please invite your families and friends to our October meeting which promises to an extraordinary meeting. All children are welcome to attend. Refreshments will be served!



## ANNUAL PICNIC AT LIDO BEACH, JULY 21, 2013

After a heat wave the last week and a half, the day of the picnic turned out to be sunny, beautiful and breezy. With the break in the heat, our CCLI families came out in good numbers to enjoy the beach and good food. We had an abundance of hot dogs, burgers and salads for everyone to enjoy. The volleyball games and mahjong were in full swing while our beach goers eagerly headed over to the beach to enjoy the water and work on their tans. Everyone was having a great time just relaxing and catching up with each other. Peter Gong and Jim Vogel started up the grill early and by 12:00 the food was ready for our consumption. A Big Thank You to Eileen and Jim Vogel for purchasing all the food and utensils, hauling it to the picnic and organizing this wonderful event. Without you running the picnic it wouldn't be the success that it was. A Big Shout Out also goes to Peter Gong for cooking all the food for us. Thank you also to Stephanie Bartoldus for keeping track of the reservations and to Helen Chin for getting all the attendees the discounted rate for parking.

Mona Ng





## **TAG SALE FALL SATURDAY, SEPTEMBER 21**

Our Spring Tag sale was such a success, we will be doing one on Saturday, September 21st with a rain date of September 28th. So, mark your calendars! As you are cleaning out your attics, basements and closets this summer, remember to set aside your gently used household items for our Tag Sale. All the proceeds go back to our programs and classes that CCLI provide for all our members. Check next month's newsletter for more details!

**DONATIONS NEEDED** \_ Drop off will be Friday, September 20<sup>th</sup> between 7-8pm

## **BALLROOM DANCE REMINDER**

We do not have any classes in July and August. We will resume in September 2013. If you are serious in taking Ballroom Dance lessons to better your health and to improve your body, mind and spirit, now is time to register for the fall semester. For those who have registered and paid in June, thank you very much.

The costs for one semester, 10 lessons over a period of 5 months, inclusive of refreshment and social dancing, are \$140.00 per couple (please note that, for insurance purpose, you must be a currently paid-up CCLI member). If you select to take both lessons, the additional fee is \$80 per couple, i.e., a total of \$220.

In the 2013 Fall Semester, we offer 2 classes as follows: (Subject to be changed)

- **Class I:** 7:30 pm to 8:30pm, an advanced class. Suggested learning – Rumba
- **Class II:** 8:30pm to 9:30pm, an intermediate class. Suggested learning – International Tango

**September schedule** (Subject to be changed): 9/7/2013 and 9/21/2013

If you have any questions, please contact Theresa Wing, (516) 333-0739 [wing62@verizon.net](mailto:wing62@verizon.net)  
or Veronica Yan, (516) 485-3929

## **100 CLUB**

The 2013 - 2014 season starts September 2013. If you are interested in reserving your numbers, please send in a check to the attention of Chinese Center on Long Island. Each number is \$20. Please indicate your numbers with 2 alternate numbers in case your first number has already been picked by someone already. The check should be mailed to: Mona Ng, 88 Bethel Road, Albertson, NY 11507. Half of the funds from the 100 Club are used to the support the programs of the Center, the other half are returned to the winners.

Mona Ng, 100 Club Coordinator

## **SENIOR MEETING**

August Senior Meeting Dates: Wednesday, August 14, 2013

Wednesday, August 28, 2013

September Meeting Dates: Wednesday, September 11, 2013

Wednesday, September 25, 2013

Meetings are from 10:30 to 2:30PM

## **BOK CHOY SALAD**

This salad is made of three parts: veggie mixture, crunchies and dressing.

Keep all 3 parts separate until ready to serve. You don't want the crunchies to get soft & soggy.

### **Veggie mixture:**

2 Large heads of Bok Choy – chopped

2 bunches of scallion – chopped

Toss together and put into a baggie and refrigerate

### **Crunchies**

½ to ¾ cup sesame seeds

8 oz sliced almonds

4 pkgs Ramen noodle – broken up (discard seasoning pkg)

1 stick butter

4 tbsp sugar

In medium heat, melt butter in a pan, add sugar, stir until sugar is dissolved.

Add Ramen noodles, as the noodles brown, add almond slivers, and last, sesame seeds.

Keep tossing until mixture becomes toasty brown.

Let mixture cool off and place in a container.

### **Dressing**

1 cup olive oil or salad oil

½ cup sugar

¼ cup red wine vinegar

2 tbsp balsamic vinegar

2 tbsp soy sauce

Place all ingredients in a jar and shake well till sugar is fully dissolved

Refrigerate until ready to use

Finally combine all three parts just before serving

ENJOY!!! Recipe submitted by Janice Chew

Lily Lee, Senior Club Coordinator

# CCLI AUGUST 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Ping Pong/ Mah Jong – 7:00 PM	2	3
4 <b>Chinese American Night at Eisenhower Park</b>	5	6	7	8 Ping Pong/ Mah Jong – 7:00 PM	9	10 CCLI Toastmasters 10-11:30 AM
11	12	13	14 Senior Program 10:30 AM	15 Ping Pong/ Mah Jong – 7:00 PM	16	17
18	19	20	21	22 Ping Pong/ Mah Jong – 7:00 PM	23	24 CCLI Toastmasters 10-11:30 AM
25	26	27	28 Senior Program – 10:30 AM	29 Ping Pong/ Mah Jong – 7:00 PM	30	31

All activities are held at the Chinese Center on Long Island, 395 Hempstead Turnpike, West Hempstead – unless otherwise noted.  
All dates and times are subject to change

IMPORTANT: IN CASE OF BAD WEATHER, call 516-483-7770 for cancellation information.



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# CCLI SEPTEMBER 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8 First day of Chinese School Classes	9	10	11 Senior Club 10:30AM	12 Ping Pong/ Mah Jong – 7:00 PM	13	14 CCLI Toastmasters 10-11:30 AM  CCLI Young Public Speakers 10-Noon
15	16	17	18	19 Ping Pong/ Mah Jong – 7:00 PM	20 CCLI Monthly Meeting 7:30PM  Tag Sale drop off 7-8pm	21 CCLI Tag Sale 9-4pm  CCLI Young Public Speakers 10-Noon
22	23	24	25 Senior Club 10:30AM	26 Ping Pong/ Mah Jong – 7:00 PM	27	28 CCLI Toastmasters 10-11:30 AM
29 CCLI Open House	30					

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## MEMBERSHIP DUES 2013-2014

As we continue to strive for excellent programs, community service and meeting the needs of all our members, your continued support in the Center is important. Membership dues are \$50.00 per year (September – August) for an entire family. Kindly send your remittance as soon as possible to the address below.

KEEP THIS PORTION FOR YOUR RECORDS

*Chinese Center on Long Island*

長島中華協會

395 Hempstead Turnpike, West Hempstead, NY 11552  
2012-2013 Annual Membership Dues

PAID \$ \_\_\_\_\_ Check # \_\_\_\_\_ Date \_\_\_\_\_



*Chinese Center on Long Island*

長島中華協會

2013-2014 Membership

Name \_\_\_\_\_  
(Last) (First) (Middle Initial)

Address \_\_\_\_\_  
(Street)

\_\_\_\_\_ (City) (State) (Zip Code)

Home Phone ( ) \_\_\_\_\_ Cell ( ) \_\_\_\_\_

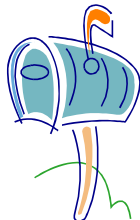
Email Address: \_\_\_\_\_

**EMAIL IS OUR PREFERRED WAY TO CONTACT OUR MEMBERS. WE DO NOT SHARE THIS LIST WITH ANYONE.**

Membership Fee \$50 per year Individual \_\_\_\_\_ Family \_\_\_\_\_

Send Check to: Betty Leong  
106 Patton Blvd  
New Hyde Park, NY 11040.

\* Please check whether you would like to receive monthly newsletter via postal or email \*



Postal



Email

**\*\*Please mail your updated email address to [ccliChan@aol.com](mailto:ccliChan@aol.com) \*\***



# **CCLI TAG SALE**

## **September 21st**

**Clean out your home and help make this fundraiser a success at the same time!  
All proceeds go back to CCLI programs.**

**Drop off your donations on  
FRIDAY, SEPTEMBER 20th  
7:00-8:00 PM  
at the Center**

**SUGGESTED ITEMS FOR DONATION:  
(No large furniture, please)**

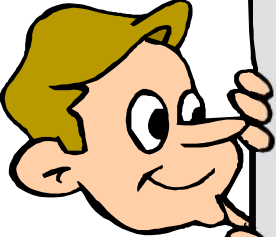
**Kitchen Items, Small Appliances  
Toys, Sports Equipment  
CD's/DVD's, Bicycles, Strollers  
Tools, Computers, Printers  
Gently used clothing and shoes, Bric-a-brac**



**Tag Sale Date: Saturday, September 21st, 9 AM – 4 PM  
Rain Date: Saturday, September 28th**

Any questions? Please call Stephanie at (516) 763-7493.

**VOLUNTEERS NEEDED** for Saturday!  
Please call Stephanie to sign up.  
Letters available for community service hours.  
Shifts available from 8:00 AM – 4:00 P



CCLI is proud to present  
an 8-week workshop in  
*Public Speaking*  
For students in grades 2 to 12



### Why should you participate?

- Learn how to improve communication skills
- Learn how to write a speech using an introduction, body and conclusion
- Learn how to organize your thoughts logically
- Learn how to overcome nervousness
- Learn how to be a good listener
- Learn how to evaluate a presentation
- Increase self confidence and self esteem
- Learn by doing; this is a completely interactive program
- Learn how to get your thoughts together and speak extemporaneously
- Learn how to manage time
- Learn how to use vocal variety, body language, gestures and props to enhance your speech

### Who will teach this workshop?

**Ms Fern Rashkover, a member of Toastmasters International for the past thirty years will present this workshop. She has taught public speaking to children, teenagers and adults since 1983 in various school, business and community settings. She is a retired elementary school teacher from the NYC Department of Education. For the past five years she has been working in an after school program at P.S. 24 in Flushing, New York teaching public speaking and science to children ages 5 to 11.**

### More details about this workshop:

- This workshop will take place at the CCLI on eight Saturdays, from 10:00 AM -12:00 pm.
- The dates are September 14, 21, 28, October 12, 19, 26, November 9, 16
- The final session will be a Public Speaking Show, where the children will present their original speeches and showcase all aspects of the public speaking skills they have learned.
- Maximum class size is 10 students - Register early!
- \$15 class fee for the 8 sessions. Center membership is required.
- Please make check payable to CCLI; indicate name, age, grade, address, telephone # and mail to:  
395 Hempstead Turnpike, West Hempstead, NY 11552.



Questions, contact Helen Chin at (516)-883-8798 or email at [htchinus@yahoo.com](mailto:htchinus@yahoo.com)